



2019 | NEW BCBA WEEKLY GYM SCHEDULE

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
YOUTH PROGRAMS						
DRIFT YOUTH BOXING CAMP		5:00PM 6:00PM		5:00PM 6:00PM		\$375 7-WEEKS
YOUTH BOXING GYM	5:00PM 6:00PM OFFENSE		5:00PM 6:00PM DEFENSE		5:00PM 6:00PM SPARRING	\$75 PER MONTH \$150 FOR 3 MONTHS
SPORTS PERFORM TRAINING	CALL FOR BOOKING	CALL FOR BOOKING	CALL FOR BOOKING	CALL FOR BOOKING	CALL FOR BOOKING	CALL FOR BOOKING
ADULT PROGRAMS						
VETERANS DISABILITY CENTER	Now By Appoint.		Now By Appoint		Now By Appoint	
<u>BEAUTIFUL BOXING WOMEN</u>	9AM -10AM 10AM – 11AM		9AM -10AM 10AM – 11AM		9AM -10AM 10AM – 11AM	\$75 PER MONTH \$150 FOR 3 MONTHS
<u>GET FIT NOT HIT WOMEN</u>	6:00PM 7:00PM		6:00PM 7:00PM		6:00PM 7:00PM	\$75 PER MONTH \$150 FOR 3 MONTHS
<u>MASTERS BOXING CLUB</u>	Open Gym 7PM 9PM	Coached Training 8PM - 9PM	Open Gym 7PM 9PM	Coached Training 8PM - 9PM	Open Gym FRIDAY NITE FIGHTS 7PM-9PM	\$450 FOR 3 MONTHS
OPEN BOXING GYM	Open Gym 6PM 9PM	Open Gym 6PM 9PM	Open Gym 6PM 9PM	Open Gym 6PM 9PM	Open Gym FRIDAY NITE FIGHTS 7PM-9PM	\$75 PER MONTH \$150 FOR 3 MONTHS
<u>PATRIOTS BOXING CLUB</u>		7PM 8PM		7PM 8PM		VETERANS ONLY
GROUP SELF DEFENSE SEMINAR						11AM – 1:30PM \$99
PRIVATE 45 MIN. TRAINING SESSIONS NON MEMBERS \$45 MEMBERS \$35 SAT & SUN						