

PRIVATE TRAINING GYM



LIMITED GYM MEMBERSHIP

WE'RE IN YOUR CORNER | BCBA.INFO



MONTHLY ONLY \$99

WALK-INS ONLY \$20

3 MONTH SPECIAL \$225

6 MONTH SPECIAL \$375



GYM HOURS MON thru FRI 7PM - 9PM

ACTIVE POLICE | FIRE | EMT & MILITARY VETERANS 3 MONTH SPECIAL ONLY \$150

PRIVATE LESSONS ONLY \$45 BY APPOINTMENT



ASK ABOUT OUR PTSD WELLNESS & AWARENESS PROGRAM OFFERED FREE TO ALL U.S. VETERANS

HOME OF
The Original
GET FIT NOT HIT
PROGRAM
GetFitNotHit.com

18 & OVER

631.412.3686 | 634 Oak St. | Copiague, NY 11726 | BCBA.info
Please Use Rear Entrance VIA Lambert Ave.

MEN & WOMEN

BCBA is an ALL VOLUNTEER nonprofit 501-C3 organization devoted to providing quality sports, fitness and Veteran Service programs to the community in which it operates. Since 2004, BCBA has been serving Long Island by providing a clean, safe and structured facility that offers well-rounded programs designed to give people the skills they'll need to become Champions in Life! Your support of BCBA and ALL of its programs is essential for it to continue doing the great work it does.